



# **Coping in Young Children: Early Intervention Practices to Enhance Adaptive Behavior and Resilience**

*Shirley Zeitlin Ed.D., G. Williamson "Ph.D. OTR"*

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## **Coping in Young Children: Early Intervention Practices to Enhance Adaptive Behavior and Resilience**

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Early intervention professionals will turn to this informative book for a deeper understanding of how young children cope or adjust to the stresses of daily living. Based on the premise that effective coping facilitates effective learning, this essential guide explains how to integrate a child's developmental skills with daily functional living.

Step by step, this comprehensive guide shows how to assess coping behaviors, develop coping-oriented IFSPs through collaborative decision making implement individualized intervention strategies, and support parent-selected activities that enhance coping abilities. Also included are detailed case examples, sample forms, and well-organized charts—all designed to help support the efforts of those serving young children.

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