



The Year of Yes Journal

Shonda Rhimes

Download now

Read Online →

[Click here](#) if your download doesn't start automatically

The Year of Yes Journal

Shonda Rhimes

The Year of Yes Journal Shonda Rhimes

A beautiful, illustrated, aspirational companion journal to Shonda Rhimes's *New York Times* bestselling memoir *Year of Yes*.

In her mega-hit book *Year of Yes*, Shonda Rhimes transformed her life by saying one small word: YES. Now, in the perfect complement to that instant *New York Times* bestseller, *The Year of Yes Journal* allows you to chronicle your own Year of Yes.

The journal is broken out month by month, day by day, with each month highlighting a theme (“Yes to Doing,” “Yes to Help,” “Yes to Who I Am”). Daily, you can track what you say YES to and keep notes about how that decision has made a unique impact; monthly, you will find journaling prompts for reflection around that specific theme. With a check-in section at the six-month mark, as well as at year end, and encouragement from Shonda along the way, you will have ample opportunity to track how YES has transformed your daily life.

This inspirational—and aspirational—journal is bound with a beautiful, gold foil-stamped blue case. With memorable aphorisms from *Year of Yes* placed throughout and gorgeously illustrated, this stunning journal is a must-have keepsake that brings a bit more YES to your life.

 [Download The Year of Yes Journal ...pdf](#)

 [Read Online The Year of Yes Journal ...pdf](#)

Download and Read Free Online The Year of Yes Journal Shonda Rhimes

Download and Read Free Online The Year of Yes Journal Shonda Rhimes

From reader reviews:

Mike Huey:

Do you have favorite book? If you have, what is your favorite's book? Publication is very important thing for us to know everything in the world. Each e-book has different aim as well as goal; it means that publication has different type. Some people really feel enjoy to spend their time and energy to read a book. They are really reading whatever they acquire because their hobby is reading a book. Think about the person who don't like examining a book? Sometime, individual feel need book once they found difficult problem as well as exercise. Well, probably you'll have this The Year of Yes Journal.

Gerald Sosa:

Are you kind of stressful person, only have 10 or 15 minute in your day to upgrading your mind proficiency or thinking skill even analytical thinking? Then you are receiving problem with the book than can satisfy your small amount of time to read it because this time you only find publication that need more time to be study. The Year of Yes Journal can be your answer because it can be read by you who have those short extra time problems.

John Singletary:

Beside this kind of The Year of Yes Journal in your phone, it could possibly give you a way to get nearer to the new knowledge or info. The information and the knowledge you can got here is fresh through the oven so don't become worry if you feel like an aged people live in narrow commune. It is good thing to have The Year of Yes Journal because this book offers to you readable information. Do you often have book but you rarely get what it's about. Oh come on, that would not happen if you have this with your hand. The Enjoyable blend here cannot be questionable, such as treasuring beautiful island. So do you still want to miss this? Find this book and also read it from today!

Richard King:

As a pupil exactly feel bored to help reading. If their teacher asked them to go to the library or even make summary for some publication, they are complained. Just tiny students that has reading's internal or real their passion. They just do what the instructor want, like asked to the library. They go to there but nothing reading very seriously. Any students feel that reading is not important, boring in addition to can't see colorful photos on there. Yeah, it is to get complicated. Book is very important for you. As we know that on this time, many ways to get whatever we wish. Likewise word says, many ways to reach Chinese's country. Therefore this The Year of Yes Journal can make you feel more interested to read.

Download and Read Online The Year of Yes Journal Shonda Rhimes #R6O78K3TAFB

Read The Year of Yes Journal by Shonda Rhimes for online ebook

The Year of Yes Journal by Shonda Rhimes Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Year of Yes Journal by Shonda Rhimes books to read online.

Online The Year of Yes Journal by Shonda Rhimes ebook PDF download

The Year of Yes Journal by Shonda Rhimes Doc

The Year of Yes Journal by Shonda Rhimes Mobipocket

The Year of Yes Journal by Shonda Rhimes EPub

The Year of Yes Journal by Shonda Rhimes Ebook online

The Year of Yes Journal by Shonda Rhimes Ebook PDF