



30 Days to Taming Your Tongue: What You Say (and Don't Say) Will Improve Your Relationships

Deborah Smith Pegues

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Certified behavioral consultant Deborah Pegues knows how easily a slip of the tongue can cause problems in personal and business relationships. This is why she wrote the popular *30 Days to Taming Your Tongue* (850,000 copies sold). Now in trade size, Pegues's 30-day devotional will help each reader not only tame their tongue but make it productive rather than destructive.

With humor and a bit of refreshing sass, Deborah devotes chapters to learning how to overcome the

- Retaliating Tongue
- Know-It-All Tongue
- Belittling Tongue
- Hasty Tongue
- Gossiping Tongue
- 25 More!

Short stories, anecdotes, soul-searching questions, and scripturally based personal affirmations combine to make each applicable and life changing.

Rerelease in trade edition

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Spent a free the perfect time to be fun activity to try and do! A lot of people spent their sparetime with their family, or their friends. Usually they undertaking activity like watching television, planning to beach, or picnic inside the park. They actually doing same every week. Do you feel it? Do you need to something different to fill your own personal free time/ holiday? Could be reading a book is usually option to fill your free of charge time/ holiday. The first thing you ask may be what kinds of reserve that you should read. If you want to try look for book, may be the e-book untitled 30 Days to Taming Your Tongue: What You Say (and Don't Say) Will Improve Your Relationships can be excellent book to read. May be it may be best activity to you.

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