

Clinical Handbook of Neonatal Pain Management for Nurses

Tara Marko MSN RNC-NIC, Michelle Dickerson MSN-Ed RNC-NIC RN-BC



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Written specifically for nurses, this clinical handbook provides unmatched comprehensive information on pain management for the vulnerable neonatal population. Given the possibility of significant short- and long-term consequences of neonatal pain if left unmanaged, all nurses in neonatal settings should be familiar with the origins of neonatal pain, pain assessment, and the pharmacologic and nonpharmacologic pain management techniques outlined and explained in this clinical guide.

Each chapter contains critical information on safe and proven therapies for common painful procedures, including lists of dosages and side effects. Nurses can use this clinical handbook to adopt strategies to routinely assess pain, minimize the number of painful procedures, employ drug-based and non-drug-based therapies that prevent pain in routine procedures, and eliminate pain associated with surgery. As a well-rounded guide and resource for use in neonatal settings, this portable reference also features chapters on how nurses can engage others to assist with neonatal pain, and expands upon the role of the family to ensure the best neonatal care.

KEY FEATURES:

- The first clinical handbook specifically for nurses treating neonates
- A holistic, state-of-the-art resource describing pain management techniques
- Addresses assessment, medications, and the application of both pharmacologic and nonpharmacologic pain management techniques
- Lists dosages and side effects
- Discusses how to manage withdrawal pain from neonatal abstinence syndrome



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