



Adult Coloring Journal: Survivors of Incest Anonymous (Sea Life Illustrations, Nautical Floral)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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David Saenz:

This Adult Coloring Journal: Survivors of Incest Anonymous (Sea Life Illustrations, Nautical Floral) is great guide for you because the content and that is full of information for you who always deal with world and possess to make decision every minute. This specific book reveal it data accurately using great organize word or we can declare no rambling sentences included. So if you are read it hurriedly you can have whole info in it. Doesn't mean it only provides you with straight forward sentences but difficult core information with lovely delivering sentences. Having Adult Coloring Journal: Survivors of Incest Anonymous (Sea Life Illustrations, Nautical Floral) in your hand like getting the world in your arm, details in it is not ridiculous one particular. We can say that no guide that offer you world in ten or fifteen tiny right but this book already do that. So , it is good reading book. Heya Mr. and Mrs. hectic do you still doubt this?

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