



Longevity Therapy: An Innovative Approach to Nursing Home Care of the Elderly

Bobbie R. Graubarth-Szyller, Julianna D. Padgett

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This book proposes a new, innovative plan for enhancing the lives of the elderly based on the authors' strong belief that old age can be a time of growth, vitality and contentment, rather than a period of decline and wasting. The book emphasizes that nursing home care must meet the emotional needs of residents and provide an environment for learning, living and growth. The authors outline practical, step-by-step methods for making nursing homes serve as centers for living, not dying. Longevity Therapy is meant primarily for the professional staff of nursing homes, but should be of no less value to those who work with the elderly in other settings. Nurses, social workers, activity directors, administrators and aides in geriatric care centers will find the material adaptable to their programs. Also, those who provide home health care can readily utilize the principles and practices described in the book when working with their clients.

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