



Project Renewment: The First Retirement Model for Career Women

Bernice Bratter, Helen Dennis

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For the first time in history, career women -- women who have worked outside the home for most of their lives -- are retiring. Without role models, they look to one another to face the changes this life transition brings.

Career women from the Baby Boom and pre-Baby Boom, or Silent, generations are approaching retirement. They want to know what it means to suddenly find themselves back inside their homes after having devoted their lives to careers outside of them.

These women are highly skilled, educated and successful. They have achieved visibility, status and influence. And because they are the first large group of American women to define themselves by their work, they have few, if any, models for retirement. *Project Renewment* will show women that giving up their careers does not mean giving up who they are.

Renewment is a term the authors created as an alternative to the word *retirement*, which they associated with negative stereotypes and clichés. A combination of *retirement* and *renewal*, *Renewment* suggests optimism and opportunity, growth and self-discovery. *Project Renewment* is a grassroots movement among women who are close to retirement or recently retired and looking to connect with one another.

The women of *Project Renewment* believe that retiring is a process of change and increasing self-awareness. As they redirect the commitment and passion previously dedicated to their careers, they transform and reshape their lives. *Project Renewment* provides these women with an enriched and safe environment in which to explore and confront the challenges that lie ahead as they leave behind a lifetime at the office, hospital, studio or courtroom.

Diverse topics are discussed, such as Who am I without my business card? What if *he* retires first? What is productivity anyway? Why do I feel guilty reading a book on a Tuesday afternoon? How do I feel about not earning another dollar? Divided into two sections, *Project Renewment* offers insight and support in a friendly, humorous and meaningful way. The first part of the book addresses the challenges that career women tackle when looking to retire. The second teaches readers how to start and maintain their own *Project Renewment* group, so they can find support, inspiring relationships and even a few laughs as they look to get the most out of the rest of their lives.

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