



# Excellence: The Heart and Soul in Sports

*Fellowship of Christian Athletes*

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# Excellence: The Heart and Soul in Sports

*Fellowship of Christian Athletes*

## **Excellence: The Heart and Soul in Sports** Fellowship of Christian Athletes

We live in an instant world and yet we sometimes wonder why the quality of life isn't always what we expected. Perhaps that's because, at the end of the day, shortcuts and paths that offer little to no resistance don't usually produce excellence, but instead a watered down version. What is excellence? It is more than just wins and losses, consisting of a long, never-ending process, and it brings glory to God, explain the top contributors to this book. The Excellence devotional provides inspiration to go beyond just getting by and instead to honor our commitments, pursue innovation and creativity, value quality over quantity and be wise stewards of the spiritual, material and relational resources entrusted to us. Learn how discipline and hard work lead to excellence, how to beat the odds in pursuit of excellence and how to raise the standard.

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