

Perfectly Balanced Golf

Chuck Cook



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In 1991 Payne Stewart won the US Open. The next year, Tom Kite, the game's all-time leading money winner won the US Open at Pebble Beach. In 1995, Corey Pavin finally broke through and won his first major championship, the US Open at Shinnecock Hills, Long Island. What do these three players have in common? Their teacher is Chuck Cook, one of the sharpest minds in golf instruction today.

Chuck Cook is equally successful whether he is working with U.S. Open champions or rank beginners. What is his secret? He is not a method teacher--in other words, he doesn't give all his students the same medicine for their golfing ills. Instead, he works differently with each individual. But the one constant to his approach is the concept of Balance. In *Perfectly Balanced Golf* Cook strives to bring every golfer a balanced point in their swings, in their short games and in their mental outlooks.

Kite, Stewart and Pavin have placed their entire golf games--and their careers--in Chuck's able hands and each has contributed a thoughtful foreword to the book.

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