



## **The Book of Tea and Herbs: Appreciating the Varietals and Virtues of Fine Tea and Herbs**

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# The Book of Tea and Herbs: Appreciating the Varietals and Virtues of Fine Tea and Herbs

## **The Book of Tea and Herbs: Appreciating the Varietals and Virtues of Fine Tea and Herbs**

This accessible, copiously illustrated handbook becons the reader to journey from the tea gardens of Asia to the tea rooms of Europe and North America, sampling the finest full-leaf teas along the way. It's the only concise chronicle to the joys of both teas and herbal beverages...with comprehensive listings of tea varieties and herb types. *The Book of Tea and Herbs* is everyone's guide to an enlightening and pleasurable quest through that most ancient, and most contemporary, world of the magical and soothing beverage called Tea.

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