



# Nutrition, Diet, and Oral Health (Oxford Medical Publications)

*Andrew J. Rugg-Gunn, June Nunn*

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Dental health is intimately related to nutrition and diet and a thorough understanding of these relationships and the preservation of health is an integral part of dental practice. The focus of modern dentistry is shifting from the filling and extracting of teeth towards prevention of dental decay and disease, the changing undergraduate dental curriculum reflects these changes, and also patients are increasingly asking for information on the best way to look after their teeth. This book is written for undergraduate students, covering the information they need in this field during their courses, as well as postgraduate dental students particularly in pedodontics and GDP. Developed to help the reader build up and understanding of the relationship between diet and prevention of oral disease, this book is well illustrated in full color and includes case-histories, information boxes and recommendations for further reading.

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