



Hormone Imbalance Syndrome: America's Silent Plague

BENOIT TANO

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Obesity is the number one killer in the United States and, increasingly, the world. It kills in silence and indirectly, standing as the root cause of a great many of the diseases treated by healthcare providers, including hyperlipidemia, heart disease, diabetes, hypertension, and malignant tumors, to name only a few. If any other epidemic had caused as many deaths as obesity and its comorbidities, the whole world would be diligently searching for a cure. Yet most healthcare providers take a surprisingly casual attitude toward obesity. In most cases, it is treated as a more or less benign condition easily dealt with if patients would only put forth some effort. This is to say that obesity is often treated as if it were the patient's fault, with healthcare providers frequently assuming that a patient's obesity is the result of poor dietary choices and sedentary lifestyle. The root cause of the obesity epidemic is neither explored nor serious weight loss treatment plans offered. *Hormone Imbalance Syndrome (HIS): America's Silent Plague: Uncovering the Roots of the Obesity Epidemic and Most Common Diseases* by Benoît Tano, M.D., Ph.D., uses the CDC obesity maps, the US Geological Survey pesticides/herbicides maps, and Healthcare Cost and Utilization Project (HCUP) hospital and Emergency Department (ED) discharges data, to explore the origins of the growing obesity epidemic in the US. Find out how pesticides/herbicides sprayed in farmlands and common household chemicals cause endocrine disruption (hormone imbalance) that leads to obesity and its comorbidities. This book, drawn from Dr. Tano's research and clinical experience as an allergist and integrated health care practitioner, reveals the mechanisms behind the growing obesity epidemic and what to do about it.

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