



Interpreting Health Benefits and Risks: A Practical Guide to Facilitate Doctor-Patient Communication

Eric Rifkin, Andrew Lazris

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This timely guide to communication in patient-centered medicine argues for greater clarity in explaining health risks versus benefits of an array of screening tests, procedures, and drug regimens. It reviews the growing trend toward patients' involvement in their own care, particularly in terms of chronic conditions, and details approaches physicians can use to prepare patients (and themselves) for collaborative decision-making based on informed choices and clear, meaningful knowledge. Chapters apply this lens to a wide range of common interventions as contentious as estrogen replacement therapy and antibiotics, and as widely prescribed as the daily aspirin and the annual physical. With this goal in mind, the authors also introduce an innovative decision-making tool that translates risks and benefits into a clear graphic format for fewer chances of miscommunication or misunderstanding.

Among the topics covered:

- Involving the patient in decision making.
- Towards a universal decision aid.
- BRCT: the Benefit/Risk Characterization Theater.
- Breast Cancer Screening—Mammograms.
- Prostate Cancer Screening.
- Colon cancer screening with colonoscopy.
- Screening for and treating dementia.
- Statins, cholesterol, and coronary heart disease.

Physicians in family and internal medicine will find *Interpreting Health Benefits and Risks: A Practical Guide to Facilitate Doctor-Patient Communication* a valuable resource for communicating with patients and new possibilities for working toward their better health and health education.

This book considers several common and important situations where faulty decision-making makes overtreatment a serious risk. Clear, fair, referenced, and useful information is provided. And a powerful intuitive technique is introduced which allows patient and doctor to talk as equals as they work together in the exam room. The authors emphasize that some patients who have been fully educated will still accept high risks of harm for a small chance of avoiding premature death. But as this book is accepted and its ideas and technique are extended, I feel sure that net harm to patients will be curtailed. And what is more, the integrity of the decision-making process will be improved.

—Thomas Finucane, MD, Professor of Medicine, Division of Gerontology and Geriatric Medicine, The Johns Hopkins University School of Medicine

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Regina Rodgers:

Do you one of people who can't read pleasant if the sentence chained inside the straightway, hold on guys that aren't like that. This Interpreting Health Benefits and Risks: A Practical Guide to Facilitate Doctor-Patient Communication book is readable simply by you who hate those perfect word style. You will find the facts here are arrange for enjoyable examining experience without leaving actually decrease the knowledge that want to supply to you. The writer associated with Interpreting Health Benefits and Risks: A Practical Guide to Facilitate Doctor-Patient Communication content conveys the thought easily to understand by most people. The printed and e-book are not different in the articles but it just different in the form of it. So , do you nonetheless thinking Interpreting Health Benefits and Risks: A Practical Guide to Facilitate Doctor-Patient Communication is not loveable to be your top list reading book?

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Elida Allman:

Precisely why? Because this Interpreting Health Benefits and Risks: A Practical Guide to Facilitate Doctor-Patient Communication is an unordinary book that the inside of the e-book waiting for you to snap that but latter it will distress you with the secret this inside. Reading this book alongside it was fantastic author who have write the book in such wonderful way makes the content within easier to understand, entertaining method but still convey the meaning totally. So , it is good for you for not hesitating having this anymore or you going to regret it. This phenomenal book will give you a lot of benefits than the other book get such as help improving your ability and your critical thinking way. So , still want to hold up having that book? If I were being you I will go to the book store hurriedly.

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