



Christmas Adult Coloring Book For Stress Relief: Christmas Inspired Mandalas and Patterns

Nerine Martin

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CHRISTMAS ADULT COLORING BOOK FOR STRESS RELIEF

See all the designs in the book in this video preview <https://youtu.be/MiWn-mPUzsY>

The Christmas Holiday season is a wonderful time of the year when families and friends come together to celebrate. However, it can also be a stressful time for some.

The Christmas Adult Coloring Book for Stress Relief, is the perfect remedy for when you're feeling a bit anxious as you can choose from 35 beautifully designed Christmas inspired mandala and pattern designs to color.

- 35 Christmas inspired designs with BONUS coloring pages
- Single sided pages
- Designs range from simple to moderately intricate
- Suitable for all ages and coloring skill levels
- Suitable for colored pencils, gel pens, felt-tip markers and crayons

This is Book 7 in the Color Your Way To Happy Adult Coloring Book Series, designed to offer you an escape from the daily pressures of life, to a relaxing state of calm and mindfulness.

Merry Christmas from www.ColorYourWayToHappy.com

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