



Pain Recovery for Families: How to Find Balance When Someone Else's Chronic Pain Becomes Your Problem Too

Mel Pohl, Frank J. Szabo Jr., Daniel Shiode, Ph.D. Robert Hunter

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An interactive guide to help family members of someone with chronic pain and problematic use of addictive substances. It explores the challenges of living with chronic pain and addiction in the family and offers ways to restore physical, mental, emotional and spiritual balance.

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