

Birthed: Finding Grace through Infertility

Elizabeth Hagan



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When infertility painfully interrupted Elizabeth Hagan's plan to start a family, the path of grace offered her another way. Instead of giving birth to a child, she birthed herself instead. Along the way, she learned you can't control how fast your dreams come true, if they come true at all, but you can find grace for embracing your life in the present tense, grief and all.

Through her new book *Birthed*, Elizabeth Hagan offers her story as a companion and guide for living through your own pain and loss. For the one in eight couples who face infertility, you will know you are not alone and a long season of grief does not have to destroy your marriage or your friendships with childbearing friends. For those friends and family members of infertile couples, there are no "one size fits all" answers to a fertility journey-medically, emotionally, or spiritually-and the worst thing you can say is nothing at all. Adoption is never the complete solution to infertility, and through it all, pain can never be fixed, only lived through. So allow grace to help you begin to live today in the present moment.



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