



Freewheeling After Sixty: Design Your Personalized Transportation System

Judi Bonilla

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We've all heard about "The Keys Talk." An important conversation to have; however gerontologist and aging expert Judi Bonilla asks us to have another conversation. What if we ask driver to examine "What does driving mean to you?" In Freewheeling after Sixty, Bonilla asks us to reframe our thoughts about driving and embrace the concept of a network. Drive as long as you can do so safely and also identify and experience transportation alternatives such as travel training and ride sharing. This is a book for everyone age sixty and over who has cancelled plans or declined an invitation because they didn't want to drive during rush hour, at night or were concerned about finding a parking space.

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