



The Transcendent Mind

Sunita Pattani

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The Transcendent Mind The Missing Peace in Emotional Wellbeing Foreword by Amit Goswami Ph.D. In this book, Sunita Pattani proposes the concept of a Transcendent Mind and how it relates to emotional healing. In an age where depression, stress and anxiety have become such common terms, she asks that we deepen our approach and begin to question who we are at the very core. Pattani discusses why exploring the link between science, spirituality and phenomena such near-death experiences, is essential to long-term emotional healing, and guides you through the key concepts that you need to apply in order to live more of a peaceful life.

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